



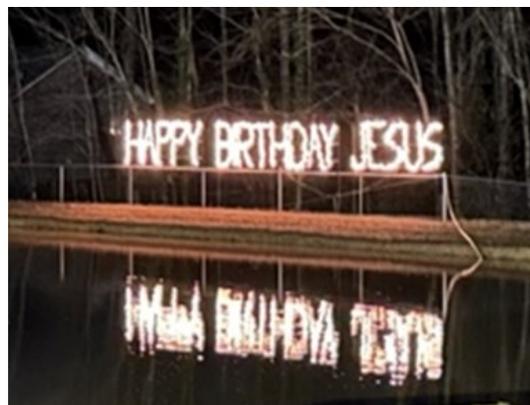
Fall/Holiday 2022
October, November, December

Care Communications

A quarterly publication for our residents and their families, our employees, volunteers, friends and contributors



Cross Road's Blue Christmas



BLUE is Cross Road Retirement Community's signature color! This year, **BLUE** was our Christmas decoration's signature color also. Usually when you hear about a blue Christmas, you think about some sort of sadness, but that's certainly not the case here. Our Christmas was a most joyful one! The Maintenance and Activity Staff worked extremely hard to make our campus a beautiful place to live, work, and visit. Everyone who came by was greeted with lights, wreaths, and bows which helped to make spirits bright!

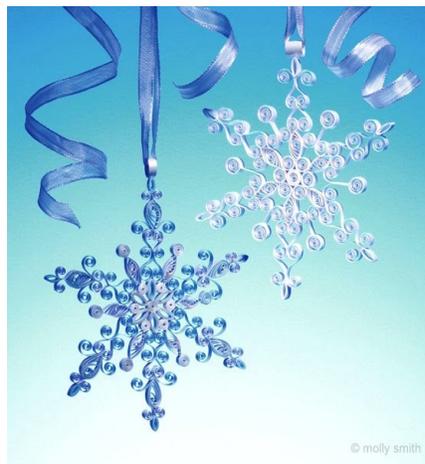


Special Honors for Special People

During our 39th Anniversary Celebration this past October, we honored two very special people! Finally, after 3 years of COVID, we were able to thank Steve Rumbley for his 26+ years of service as Cross Road Retirement Community's Executive Director. We also honored Ruth Wrenn, who has been a resident here at Cross Road for 37 years! We feel blessed to have these special people as part of our history. We are happy to have the opportunity to recognize them for their contributions in making CRRC a wonderful place to live and work.

From the Executive Director...Randy Tedder

I think I saw a snowflake. Snow would be the only thing that could make our campus more beautiful than it was during the Christmas season. For 39 years, Cross Road has been celebrating, and this year is not different. We have seen the giving of thanks and the giving of gifts. We have seen rejoicing, but I've seen sorrow also. We have many families that make up the community here at Cross Road Retirement Community. We share those ups and downs together because that is what a community does. As this year ends, I want to thank our staff for all the work they put in this last year and thank our residents and families for allowing us to be part of their family. As I'm writing this it is the first day of winter and as we start this winter season, we want to remember to celebrate all we can and enjoy this part of our resident lives. Happy New Year from all the Staff and Board Members here at Cross Road Retirement Community!



Our staff is awesome!



Employee of the Month



Congratulations to:

October—Novie Bray, Dietary
 November—Sonja England, Memory Care
 December—Vicky Callicutt, Housekeeping

Congratulations to
 Novie Bray
 for being voted
“Employee of the Year”
 by her fellow employees.
 Novie works in the
 Memory Care Dining
 Room and gives each
 resident loving care!
 Thank you, Novie for all
 you do to make
 Cross Road the best!



Welcome New Employees

Jeane Torrence 10/6/22
 Pamela Walker 10/20/22
 Nathalie Pichardo 10/26/22
 Kathy Overman 11/11/22
 Isaac Gary 11/11/22
 Indya Bennett 11/12/22
 Jamy Clark 11/17/22
 Kemberly Frost 12/5/22

Welcome New Residents

Main and Memory Care Centers

Carolyn Schmidheini
 Kathie Harwell
 Pearl Estep
 Peggy Pait
 Gilbert Miller
 Loretta Poole
 Gary Cox
 Eddie Harrington
 Hilda Pell
 Bobby Heilig
 Ruby Allred

Village Apartments

Hugh & Anna Spaulding
 Marylene Johnson



Village Residents

January

1-04 Brenda Roddy
 1-06 Lawrence Talbert
 1-08 Dee Spear
 1-09 Dottie Watson
 1-23 Susan Parker
 1-24 Pam Edney
 1-27 Farris Albright
 1-31 Carl Stout

February

2-03 Edward Smith
 2-06 Henry Burrese
 2-14 Jerri White
 2-16 Pamela Walker
 2-21 Rita Betts
 2-26 Rena Smail
 2-28 Barbara Presnell

March

3-02 Virginia Paschall
 3-06 Ruth Gill
 3-08 Barbara Martin
 3-11 Alton Bell
 3-11 Sandra Jones
 3-12 Betty Hoover
 3-12 Mary Phillips
 3-14 Doris Wright
 3-18 Linda Kennedy
 3-22 Virginia Russell



Main & Memory Care

January

1-06 Bonnie Bouldin
 1-08 Bettie Gaines
 1-12 Jerry Dowd
 1-18 Janet Greiner
 1-21 Anne Lambert
 1-23 Dorothy Danna
 1-25 Alice Wilson
 1-30 Mabel Wilder
 1-31 Judy Fox

February

2-01 Pattie Craven
 2-10 Lula Bowman
 2-12 Hazel Ridge
 2-20 George Yeatts
 2-23 Richard Wheatcraft
 2-27 Bill Essick
 2-27 Gladys Hinshaw

March

3-04 Carolyn Jarrett
 3-07 Donsy Hames
 3-18 Nona Clodfelter
 3-18 Bonnie Stern
 3-24 Patricia Cox
 3-29 Betty Garner



Zona Stuart
 Richard Hunt
 Ruby Bennett
 Ed Phillips
 James Humble

Main Assisted Living Activities

This season, we have started some new traditions that include a “Walking Club” twice a month and a weekly scheduled exercise class! This is helping the residents get exercise indoors and outdoors (weather permitting of course) and they even have monthly goals to meet!

We have really enjoyed the volunteers who have come to sing, dance, preach and show off their talents. We have enjoyed trips to Homeland Creamery, riding around to see the fall leaves and Christmas lights, and even going to Cross Road Baptist church to see their Puppet show. We have really been in the swing of things with Thanksgiving and Christmas as well! Our residents had a lot of fun doing a “Turkey Shoot” game, making Thanksgiving crafts, including a Gratitude tree to express what they are Thankful for, and a nice celebration for thanksgiving, including a charcuterie board that looks like a turkey! We were also pleased to Honor our Veterans that live here at Cross Road, it is our honor to serve them now as they served for our country. We really appreciate them and thank them for their service. With Christmas speeding by, we have a whirlwind of Activities happening! We are overwhelmed with gratitude for the outpouring of volunteers that have wanted to come and sing for our residents! We have Christmas Carolers almost daily, and our residents have thoroughly enjoyed it! We enjoyed a visit from Santa and his elf, many crafts, and making homemade fudge for our local Fire/Police/EMS for Christmas! We also participated in the Asheboro Christmas parade. We are excited to bring in the New Year with new & creative activities, and we are looking forward to what this year brings. If you would like to volunteer, please contact me at activities@cross-road.org or call 336-610-1212.



Brittany Jordan
Activity Director

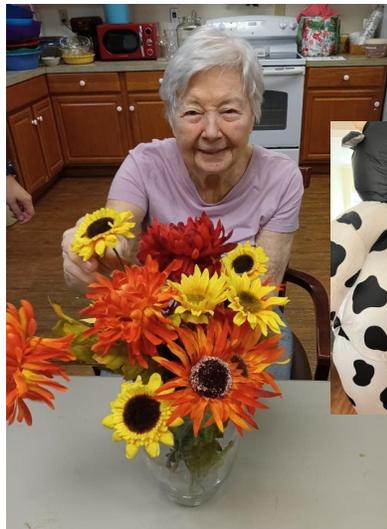


Memory Care Activities

We have had a busy time in Memory Care. We honored our Veterans with a pinning ceremony and a breakfast on Veterans Day. We talked about all the things that we were thankful for this season and made many crafts leading up to our Thanksgiving Feast. Our Thanksgiving meal was amazing, and I want to say thank you to all who brought food in and made this day so wonderful. We then started getting everything decorated for Christmas. We went to a Christmas light show, learned the meaning of the Advent Candles, had a Pajama Day with a pizza party and watched the Polar Express movie and drank hot chocolate. We had a small group go to Southern Supreme Fruitcake and brought back some to share with everyone. The residents made cookies, cards and ornaments. Of course, everyone was excited that Santa and his Elf came to visit us before our Christmas party. The staff put on a Nativity puppet show for the residents and they sang hymns. I would like to say thank you to all the people that came out to sing carols to our residents and to our volunteers that help us each week with devotions and going to the beauty shop. We are excited about the New Year and all the fun we will be having.



Sherry Vann



Caregiver's Support Group

Meets the 2nd Thursday of each month in the Village Clubhouse.
Questions? Call Bernie 336-629-7811

Independent Living Apartments Activities



Our Village Residents have enjoyed a monthly meal hosted by Brad, our Dietary Director, Betty & Billy Page of Village services, and Our Activity Department. We are always looking for fun and creative ways to create a “homey” atmosphere at the Clubhouse! We achieved that goal when we had a local band “The Mood Swingz” come in and play live music for the residents during one of our meals. We had lots of food, lots of dancing, and lots of fun! One of the highlights of this year was our Thanksgiving meal, with the help of Cross Road staff and Village residents, everyone came together with a covered dish, and we had plenty of food and fellowship! Our Village residents also have their own choir and were asked to sing at the Red Kettle Kickoff for the Salvation Army this year! We also got to take the residents and ride in the Asheboro Christmas Parade, which was also a really big success! We had an ugly Christmas sweater contest, and a Christmas gathering, and even started a card game group with a few residents, we are looking forward to our weekly exercise classes starting in January and what this new year will bring! If you would like to volunteer, please contact me, Brittany Jordan at 336-610-1212.



Brittany Jordan



A Word From the Director of Village Services...



Betty Page

Happy New Year from all the Village residents at Cross Road. I hope you will make one of your New Year’s resolutions be to come by and tour our Independent Living apartments and see how you can become a resident of our growing community. We have efficiency, one and two bedroom apartments, Lakeside Villas, and cottages. For more information, contact me at 336-318-1847 or email me at dvs@cross-road.org.

A Thought From The Chaplain

Here we are again at the first of a new year and everyone is thinking about what they are going to do to make things better in life. We make what we call resolutions or promises to our selves that we cannot keep. “I need to lose weight,” or “I need to get into shape.” Generally, they’re referring to the fact that their physical bodies are not up to par. Maybe they don’t fit into the size of clothes they used to wear, or maybe they’ve simply run out of energy. But basically, they’re out of shape!

Well, it is important to stay in shape physically, but it’s also important to stay in shape spiritually. You don’t usually hear people talk about being out of shape spiritually, but you don’t have to be around some people very long before you realize that they’re not up to par spiritually. However, the good news is that just as we’re able to get our bodies back in shape, we’re also able to get back in shape spiritually! No one can do it for you. You’re the only one responsible for keeping yourself in shape spiritually. Although there may be several ways to get back into spiritual shape, I’m going to list just a few from the Book of Joshua to help you get started.

Well, one of the best ways is to absorb the Word of God on a daily basis—meditate on it day and night (Joshua 1:8). To stay fit naturally, it’s important to absorb certain vitamins and minerals into your body to burn as fuel while you’re working out. The same principle applies spiritually. Instead of taking in vitamins and minerals, you ingest or absorb the Word of God.

Another way to stay in shape spiritually is to cleave to the Word of God—attach yourself to it, not allowing anything or anyone to cut you loose from it. You also stay in spiritual shape by loving the Lord God with all your heart, soul, and body (Joshua 23:8,11).

But your spiritual workout is not complete unless you also cultivate a strong attachment to the things of God, such as going to church and assembling yourself together with others of like precious faith. Being in a corporate setting with other believers will give you that extra oomph you may need to help you cross over that mountain you’re facing.

Now that you know some things you can do to get back in spiritual shape, you can begin right where you are by taking that first step toward your goal.



Bernie Raymond
Chaplain

An Easy way to Donate

If you shop on Amazon, please consider signing up for [AmazonSmile.com](https://www.amazon.com/amazonsmile) and designate Cross Road Retirement Community to receive your donation. This is an easy way to support your favorite non-profit with no cost to you. Thank you for your support! And thank you to everyone who has already shopped for us!



Our visitation policy is as follows: You must sign-in and have your temperature taken before entering the building. Please wear a mask and go straight to your resident’s room. If your resident has a roommate, you must visit in our visitation room. You are not allowed to visit in the common areas. There is no time limit for your visit but we ask that you exit straight back out the door without stopping to visit with other residents.

Visitors may not eat in the Dining Room or participate in Activities at this time. When we are allowed to change our policy, you will be notified.

Thank you for your understanding and cooperation as we strive to keep our residents safe and happy.

Admissions and Marketing for the Assisted Livings

Starting the New Year 2023 by making plans for your retirement is smart! If you need a little extra help, then maybe our Assisted Living is right for you. Why not make an appointment for a tour and see what we have to offer? Just call 336-610-1214 or email me at admissions@cross-road.org and I will be happy to show you around and answer your questions! It is sure to make your New Year a happy one!!



Karen Kidd



1302 Old Cox Rd
Asheboro, NC 27205
336-629-7811

BOARD OF DIRECTORS

Kermit Williamson, *Board President*, Gentry Smith,
Renea Henderson, Hope Haywood, Pam Reagan,
Annette Bean, Janet Harlee, Mike Sherron, Chad Ross,
Larry Hilliard (*Director Emeritus*),
Consultants: Susan West & Tony Cole

MANAGEMENT TEAM

Randy Tedder *Executive Director*
Karen Kidd *Director of Admissions & Marketing*
Anna Lettera *Memory Care Resident Care Director*
LeAnn Schatz *Resident Care Director*
Tammy Horne *Human Resources Director*
Betty Page *Director of Independent Living*
Brittany Jordan *Activity/Volunteer Director*
Susan Cagle *Director of Finance*
Evelyn Greene *Director of Housekeeping & Laundry*
Bill Page *Maintenance Director*
Bernie Raymond *Chaplain*
Brad Lowe *Director of Food Services*
Alison Briles *RN*

Cross Road on the Web...
Visit us at: www.cross-road.org
Also look for us on Facebook,
LinkedIn, and Instagram

Ways You Can Help

If you would like to contribute or donate in honor or memory, please send your contribution to:
Cross Road Retirement Community
1302 Old Cox Rd
Asheboro, NC 27205
Attn: Finance Department

Please specify if you would like this to go to a specific area such as:

Dream Makers
Memory Care
Main Center
Tree of Life
Walk of Honor (name on brick \$100)
Pet Fund
Resident or Employee Benevolent Fund
Endowment Fund

Please remember, any contribution to CRRC is tax deductible.