

A quarterly publication for our residents and their families, our employees, volunteers, friends and contributors

Celebrating 36 Years



"Busy Time"



Steve Rumbley Executive Director

This time of year is always a busy time at Cross Road Retirement Community. Our fiscal year ends on September 30th and the new fiscal year began on October 01st. We had a good year of operations despite some challenges from the Highway 64 Bypass project near our campus and building projects/improvements taking place on our campus.

We celebrated another Birthday in the history of Cross Road Retirement Community on Friday, October 11, 2019 for our 36th Anniversary. We had a good number of visitors along with our residents, family members, and staff that enjoyed a cookout lunch, Senior Steppers line dancers, and more. Randy Tedder was recognized with a plaque for his work as President of our Board of Directors. Mrs. Senior Randolph County, Judy Newsome, was on hand to interact with our residents and offer some inspiring words.

There has been much change in our 36 year history that started with the one assisted living building (Rest Home) that accepted our first resident on October 17, 1983. Since that time, we have served hundreds of residents not only in our main assisted living building, but in Memory Care and in our 78 independent living

apartments and villas. I am thankful for the growth we have seen over the past 36 years and it has been my privilege to serve as Administrator/Executive Director for the organization for over 25 ½ years of that history. We are currently building 5 new independent living apartments/cottages and plan to build around 11 more apartments in 2020.

Two of our key staff members, Joyce Rife-Memory Care Director and Janet Harllee-Admissions & Marketing Director, will be retiring from full time employment at the end of 2019. They will certainly be missed. However, we have chosen some quality individuals to fill these important positions. Randy Tedder, a former Board Member will serve as the Memory Care Director and is currently training under Joyce Rife. Karen Kidd, our current Activity Director for Memory Care, has been chosen to become our new Admissions & Marketing Director. As Karen completes training her replacement, she will begin training with Janet Harllee.

I feel good about the future of Cross Road Retirement Community and hope you feel the same excitement. Thank you for your confidence and continued support. Your comments and suggestions are always welcome!



Janet Harllee

A Word From Admissions and Marketing

Steve Rumbley called me almost 15 years ago and asked me to come to Cross Road to be Director of Admissions & Marketing. What a ministry it has been working with our seniors and their families. I will be retiring in January 2020. The transition is with mixed feelings. I will miss it greatly, but I am moving forward to other opportunities God has given me. Thank you for allowing me to love and serve you and your loved ones over these years.

Please welcome Karen Kidd as she begins her service as Director of Admissions & Marketing for the Assisted Livings. She has a long history with Cross Road and will be a great asset to our residents and families.

Also, we would love to add you to our newsletter list. Please send me your email address. Also let me know if your church would like for me to speak to their group. If you are a member of a civic organization, please ask them to call or email me. They can call or email at: 336-610-1214 or admissions@cross-road.org.



Betty Page

Our independent living apartments offer senior friendly features. We have one and two bedroom apartments and two bedroom villas. Our stand-alone cottages offer all the on-site amenities and services the community offers.

For information on our one and two bedroom apartments and villas, you can contact me at 336-318-1847 or email to dvs@cross-road.org.

Employee Corner

Employee of the Month

July Hillary Evans

August Sharon Smith

September Melissa Tedder

Welcome New Employees

Nursing Staff—Olga Martinez,

Dietary—Vella Perking, Kristina Greene, Jill Auman, Terri Kirkland, Felicia Miller

Village Housekeeping—Regina Baker

Resident Care Director—Randy Tedder

Activity Assistant—Darlene Richardson

Welcome New Residents

Main and Memory Care Centers

Donsy Hames Virgie Trogdon Daphne Brady Joanne Guy Jan White

Village Apartments

Jerri White Dorothy Willcox Raymond Brown Worth Trogdon Barbara Morgan

Happy Birthday

Village Residents

November

12 Ruth Deleeuw 17 Raymond Brown 20 Darrell Lewis 22 Mary Edythe Parks 23 Barbara Morgan 24 James Strother 27 **Doris Evans** 27 Evelyn Hames 28 Pat Smith

Tom Lewis

December

30

3	Roger Strider
7	Brenda Floyd
19	William Holloway
20	Juanita Hall
25	Ruth Emory

January

1	Jack Zombeck
6	Rebecca Chapman
9	Dottie Watson
15	Alice Holloway
21	Anne Lambert
22	Brad Brown
23	Susan Parker
27	Ferris Albright
31	Hazel McCollumn
31	Carl Stout

Main Center

November

2	Steve Seaboch
9	Billy Horton
15	Jan White
16	Vincent Shustack

December

3	Clarence Harrelson
3	Ella Schramm
23	Noralean Cox
26	Bryce Peck
31	Phyllis Davis
31	Nancy Moore

January

10	Gary Jones
11	Faye Freeman
15	Jackie Landon
28	Pat Essick

Memory Care

November

December

11	Reva Smallwood
17	Barbara Gallimore

January

6	Bonnie Bouldin
8	Rachel Sutton
10	Joyce Freeman
12	Joyce Tucker
13	Howard Swink
31	Brenda Hammer
31	Judy Fox



Helen Reynolds
Sara Taul
Bobby Menius
Bertha Hoover
Lucy Landon
Doris Norris
Linda Light
Juanita Kearns



Main Center Activities

Summer time includes tomato sandwiches, milkshakes, cherry cobbler and other fun activities!

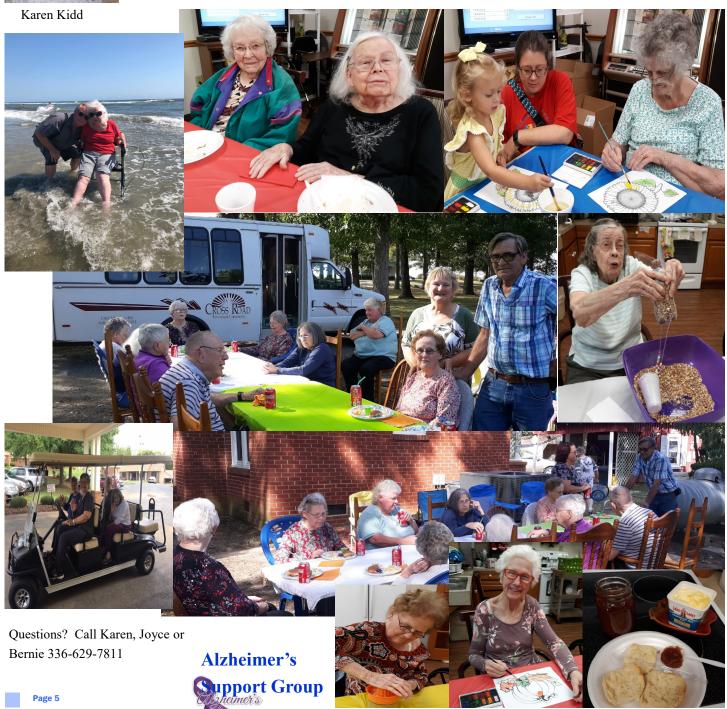


Memory Care Activities



With the cooler temperatures comes a longing to be outside more and to enjoy the beautiful Fall colors. We look forward to our "Leaf Looking" trips each week and getting out in the back yard. We love to take golf cart rides around the beautiful grounds here at Cross Road Retirement or just sit on the porch and sip some ice tea.

Whatever the activity, we enjoy doing it together and we invite you to come by and join us! If you have a Fall craft or recipe that you would like to share with us, give Karen a call at 336-610-1206. We look forward to seeing you in the Memory Care Center!





A Thought from the Chaplain

Changing your Thinking



Bernie Raymond

"This Book of the Law shall not depart from your mouth, but you shall meditate in it day and night, that you may observe to do according to all that is written in it. For then you will make your way prosperous, and then you will have good success." Joshua 1:8

Why does meditating on the Bible bring success? Because the Bible contains God's thoughts, and we need His thoughts. Our thoughts are small, weak, and limited to what we've learned and experienced in life. Our thoughts can actually hold us in bondage!

Many times our thoughts can be inaccurate because we don't know the whole matter. They can also be filled with fear and failure. But if we are in Christ, there is no need for us to have any fear! Study the great men and women

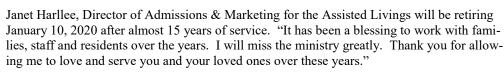
of the Bible. Every time these great faith giants of God stayed with God and made His thinking their own, they prospered. But every time they began to think their own thoughts and became fearful, they got into trouble.

You see, our human thoughts are limited. But God is not limited in knowledge, wisdom, foresight, understanding, or experience. He knows everything, so He's not limited in any way. Therefore, we need to lose our negative thinking, and get the mind of Christ! Philippians 2:5 says, "Let this mind be in you, which was also in Christ Jesus." When we have the mind of Christ, we are thinking God's thoughts. And as we think God's way according to His Word, our lives are changed.

We live beneath our privileges in Christ when we continue to think our own thoughts, thoughts of fear and failure! But we stop living beneath our privileges in Christ when we begin to realize what belongs to us in God. That's why we need to let God's thoughts saturate our minds in every area of our lives. Many Christians are good natural thinkers, but God wants us to be supernatural thinkers. Yes, we live in the natural. But because we are born again, we can also think supernaturally. So lose your carnal, worry-filled natural thinking and become a success in God!.

According to Joshua 1:8, it's only as we meditate on God's thoughts that we become successful. I want you to notice something else about that verse. It says that you are the one who makes your own way prosperous. So if you want to be prosperous, think like God does. When you start thinking God's thoughts, you'll even get rid of attitude problems. Lose your small thinking and get God's big thinking. Lose your negative thoughts and get God's positive, faith-filled thoughts. The mind of Christ is not something impossible to attain. As you begin to meditate in the Word, your thinking will be transformed. Change your thinking and you'll change your life.

Changes



Karen Kidd will be taking on the role of Director of Admissions & Marketing for the Assisted Livings January 1, 2020. She has been a part of CRRC for over 30 years. She has served as a volunteer, Activity Assistant, Activity Director for the Main Center, a Transporter/Driver, and currently as Activity Director in the Memory Care.

Joyce Rife, Resident Care Director Memory Care, will also be retiring January 10, 2020. CRRC has been her home for 32 years. During this time she has taken care of residents, their children, past supervisors and mothers of past employees. "I've made some great friends with the families and staff from different agencies that I've worked with. The residents and staff will always hold a special place in my heart."

Randy Tedder will be moving into the Resident Care Director Memory Care position January 1, 2020. He also has a history with CRRC and is an active member of The Cross Road Baptist Church with the Awana program. Randy has served as CRRC Board Chair for almost 3 years.



1302 Old Cox Rd Asheboro, NC 27205 336-629-7811

BOARD OF DIRECTORS

Susan West, Board President, Johnny Henderson, Gentry Smith, Debbie Maness, L.C. Moffitt, Pam Regan, Annette Bean, Kermit Williamson, Chad Ross, Tony Cole, Larry Hilliard (Director Emeritus)

MANAGEMENT TEAM

Steve Rumbley, Executive Director, Janet Harllee,/ Karen Kidd Director of Admissions & Marketing, Joyce Rife, /Randy Tedder Memory Care Resident Care Director, Alison Briles, RN, LeAnn Schatz, Resident Care Director, Jeanne Auge, Human Resources Director, Betty Page, Director of Independent Living, Susanne Allen, Activity / Volunteer Director, Susan Cagle, Director of Finance, Evelyn Greene, Director of Housekeeping Cross Road on the Web & Laundry, Bill Page, Maintenance Director, Bernie Raymond, Chaplain, Brad Lowe, Director of Food Services, Steve Garner Director of Special Projects

Visit us at: www.cross-road.org

Ways You Can Help

If you would like to contribute or donate in honor or memory, please send your contribution to:

Cross Road Retirement Community

1302 Old Cox Rd

Asheboro, NC 27205

Attn: Finance Department

Please specify if you would like this to go to a specific area such as:

Dream Makers

Memory Care

Main Center

Tree of Life

Walk of Honor (name on brick \$100)

Pet Fund

Resident or Employee Benevolent Fund

Please remember, any contribution to CRRC is tax deductible.