

## Meet Our Facilitators



Rhonda Ratcliffe  
Admissions &  
Marketing Director  
Rhonda has been with  
Cross Road Retirement  
Community for a few years.  
She has many contacts  
within the community and

many resources to help the Community with the process of being a caregiver. Rhonda is passionate about helping others, especially senior citizens. Rhonda works diligently to make sure the Caregiver support group is hosted and organized each month. Rhonda also can help you decide which type of care you may need within our Community, where we offer Assisted Living, and Memory Care, she can be contacted at (336) 610-1214 or by email at [Admissions@cross-road.org](mailto:Admissions@cross-road.org)



Donna Boyd  
Director of Village Services  
Donna is our Director of  
Village Services, her job  
is to maintain the  
Village apartments and  
keep them rented.

Donna is very knowledgeable in the aspect of keeping the residents happy, and keeping them busy with things to do! Donna is great at planning and arranging events, and she is also the smiling face you see when you walk into the Clubhouse! Donna has a heart for seniors and will be happy to meet you! Donna can help you get into an apartment here at Cross Road and she can be contacted by phone at (336) 546-8220 or by email at [dvs@cross-road.org](mailto:dvs@cross-road.org)



Daniel McLamb  
Chaplain

Willis Daniel McLamb (Danny) is Chaplain at Cross Road Retirement Community. He is a retired Pastor, doing supply and interim work in Randolph County. He also has an online church, The Loving Church, NC, on Facebook, where he preaches every Sunday.

Fruitland Baptist Bible College and has pastored or been on the pastoral staff of 7 churches in North Carolina over the last 30 years. Danny's Mission Statement is, "I want to proclaim the message of Jesus to help people to know God's love for them, and to understand God's desire for them to depend on Jesus for their every need." You can contact Danny at 910-499-1070 or by email at [counselor@cross-road.org](mailto:counselor@cross-road.org)



1302 Old Cox Road  
Asheboro, NC 27205  
336-629-7811  
[www.cross-road.org](http://www.cross-road.org)



## Caregivers Support Group

**Emotional support for  
those caring for loved  
ones with Alzheimer's  
and Dementia**



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Our Caregiver Support Group consists of on going meetings for caregivers of individuals living with Alzheimer's and other dementias. We provide a forum for caregivers to share feelings, needs and concerns in a confidential, safe, supportive, non-threatening and non-judgmental atmosphere. Cross Road Retirement Community Alzheimer's and Dementia Caregivers Support Group is open to anyone caring for individuals living with Alzheimer's and other dementias.

While you attend the meeting, your loved one can socialize with the residents in our Memory Care unit while being supervised by our caring staff.



Our group provides an opportunity for members to:

- Exchange practical care giving information, challenges and possible solutions.
- Share ways to adapt to the ongoing stress of care giving.
- Express and work through feelings of fear, frustration, worry, guilt, anger and other caregiver emotions.
- Assist family members in understanding the impact of the disease on family dynamics and develop realistic expectations of themselves and the person living with Alzheimer's or other dementias.
- Provide social contact for those who feel isolated because of their care responsibilities.
- Connect people with similar experiences so they support each other outside of meetings.
- Emphasize the importance of maintaining physical and mental health through respite and involvement in family life, work, community, social and recreational activities.

Caregivers are encouraged to attend alone so they can be open and honest about their personal situation.



Cross Road Retirement Community Alzheimer's and Dementia Caregiver's Support Group meets the second Thursday of each month at 6:30 pm in our Clubhouse located at 1308 Old Cox Road (Clubhouse Drive), Asheboro, NC 27205.

